

TASHIR

External communications department

Press release

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Tashir provides free access to a medical service to fight the coronavirus

As part of the ongoing effort to fight the coronavirus infection, Online Doctor by Mobile Medical Technologies, Tashir Group's telemedicine project, will now offer free online consultations for all Russian people 24/7. The online service connects patients to doctors and also enables healthcare specialists to consult with each other in order to discuss prevention, diagnostics and treatment.

Free consultations will cover preventative measures against the coronavirus and what needs to be done if the patient presents symptoms or is in quarantine.

“Like everybody else, we are monitoring the epidemiological situation in the country with great concern today. Telemedicine gives us ample opportunities for providing clinical and consultative services to patients and doctors. We have made this service free of charge, so millions of people in Russia, regardless of where they live, will get access to quality consultations with doctors,” said Arsen Galstyan, managing partner at Tashir Medica.

Consultations will be provided by doctors working at certified Russian clinics and medical institutions. All their recommendations are compliant with the guidelines by the Russian Ministry of Health and the Consumer Rights and Welfare Service.

“Online Doctor has been in operation since 2015. We have provided about 100,000 consultations. Our experience has demonstrated the need for a large-scale program to help people who don't always have a way to get an appointment with a quality specialist quickly. Given the latest guidance to avoid public gatherings, online consultations are a solution that helps with social distancing. In case of a severe case or quarantine, they can help doctors monitor the patient's condition,” said Denis Yudchits, CEO of Mobile Medical Technologies.

Online Doctor has been providing medical assistance and psychological support on the coronavirus outbreak. Starting today, this service will be provided free of charge. Users can download an [IOS](#) or [Android](#) version of the app from an app store or go to <https://coronavirus.onlinedoctor.ru>.

About Tashir

Tashir is a diverse nationwide group of companies, established in 1999 and bringing together over 200 companies in various sectors, including construction, manufacturing, finance, energy, development, retail and entertainment. Tashir has over 45,000 employees in 51 cities in Russia and neighboring countries. Samvel Karapetyan is the founder and President of Tashir. The company's headquarters are in Moscow.

The core of Tashir Group's business is commercial real estate development and management, with an emphasis on retail space. Tashir is a leader on the Russian development market, creating modern, state-of-the-art facilities in commercial and residential real estate with a total area of approximately 2.5 million sq.m.

About Mobile Medical Technologies (MMT)

MMT is a platform for online consultations between a doctor and a patient. MMT works to create a digital ecosystem for health care – from telemedicine to remote monitoring to integration with diagnostics labs and drug delivery services.

In 2013, the company decided to create its own telemedicine project to help young mothers with a convenient and easy-to-use online service working 24/7.

The 24/7 Pediatrician project, offering remote consultations in pediatrics, was launched in 2014. In addition to making consultations available online, the service guarantees quick response: maximum waiting time is three minutes. In 2015, the company launched its second remote consultation service, Online Doctor.

About Online Doctor

Online Doctor is an online clinic where patients, both adults and children, can get a remote consultation with a healthcare specialist. The project uses general practitioners and specialists from the best clinics in Moscow and Saint Petersburg.

Contact Us

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